



**European Champion
Clubs Cup Track & Field
Junior Group B**



Leiria



Team Manual

www.leiria2014.com

European Champion Clubs Cup Track &
Field Junior Group B

20 September 2014

Leiria, Portugal



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1. GENERAL INFORMATION

Language: Portuguese

Currency: Euro

Religion: Catholic

Time zone: G.M.T. + 1:00

Electricity specifications: 220 volts

Telephone instructions (00351, international country code for the host country)

Shops opening and closing times: 9.00h - 19.00h

Shopping Centres opening and closing times: 9.00h – 00.00h

Post Office working times: 08.30-18.30; Saturday: 09-12.30

Bank services working times: 8.30-15.00

Introductory phrases in local language

Hello: Olá

Good morning: Bom dia

Good afternoon: Boa tarde

Good evening/ Good night: Boa noite

Thank you: Obrigado

Please: Por favor

Breakfast: Pequeno-almoço

Lunch: Almoço

Dinner: Jantar



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2. ORGANISATIONAL STRUCTURE

2.1 European Athletics Council

President

Hansjörg Wirz (SUI)

Vice Presidents

José Luis de Carlos (ESP)

Karel Pilny (CZE)

Jean Gracia (FRA)

Director General

Christian Milz (SUI)

Council Members

Francesco Arese (ITA)

Sylvia Barlag (NED)

Jonas Egilsson (ISL)

Liam Hennessy (IRL)

Frank Hensel (GER)

Dobromir Karamarinov (BUL)

Toralf Nilsson (SWE)

Erki Nool (EST)

Antti Pihlakoski (FIN)

Jorge Salcedo (POR)

Gabriela Szabo (ROU)

Salih Munir Yaras (TUR)

Vadim Zelichenok (RUS)

IAAF President (ex officio member)

Lamine Diack (SEN)

European Athletics Honorary Life President

Carl-Olaf Homén (FIN)

2.2 European Athletics Delegates

Technical Delegate

Mr. Alain Spira (FRA)

Jury of Appeal

To be appointed at Technical Meeting

2.3 European Athletics Office

European Athletic Association

Avenue Louis-Ruchonnet 18

1003 Lausanne, Switzerland

Tel: +41 21 313 43 50

Fax: +41 21 313 43 51

E-mail: competition@european-athletics.org

Web: www.european-athletics.org

2.4 Executive Board of Portuguese Athletic Federation

President

Jorge Vieira

General Secretary

Luís Figueiredo



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2.5 Local Organising Committee

President	Daniel Pereira
General Secretary	Paulo Reis
Event Management	Diogo Correia
Facilities Management	Ricardo Marques
Protocol / Hospitality	José Caetano
Press / Media	Daniel Pereira
Finance	Cátia Ferreira
Travel / Accommodation	Daniela Ferreira
Marketing	Daniel Pereira
Cerimonies	Tiago Gamelas
Volunteers	Diana Relvas
Security	Carlos Valente
Accreditation	Paulo Vieira

2.6 Competition Organisation

Competition Director	Paulo Reis
Meeting Manager	Antonio Reis
Chief Photofinish	Ricardo Coelho
Starts Coordinator	Luís Figueiredo
Senior Starter	Virgílio Bastos
Track Referee	António Bizarro and Fábio Santos
Field Events Referee	Odete Alves and Paulo Pinto
Doping Control	Rita Rodrigues

2.7 Participating Clubs

Men's Teams		Women's Teams	
EST	Audentes Sports Club	EST	Audentes Sports
FRA	Pays Colmar Athlétisme	GER	LG Nord Berlin
IRL	Bandon AC	IRL	Bandon AC
LTU	Nike Klaipeda	LTU	Nike Klaipeda
POR	Juventude Vidigalense	NED	Club Prins Hendrik
DEN	Sparta	POR	Sport Lisboa e Benfica
SVK	SK SOG Nitra	DEN	Sparta
SUI	LC Zürich	SVK	SK SOG Nitra
		POR	Juventude Vidigalense (non-scoring)



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3. ARRIVALS

3.1 Arrival by Air

Lisbon International Airport is the official airport.

Transfer times from the airports are as follows:

From Lisbon airport to the official hotel: 1h30m

3.1.1 Welcome Service

Upon arrival, teams will be met by team attaches. The Welcoming Desk will be located in the lobby of the hotels, and will be open:

19 September	9h00 – 12h30 and 14h30 – 0h00
20 September	8h00 – 9h00
21 September	9h00 – 12h30

Once luggage has been collected, all team members will be escorted to buses which will take them to their hotels.

Coach transport will operate for teams. Coaches will be allocated to teams and will be clearly identified by signage. These coaches will be parked in front of the hotel.

3.1.2 Transportation of Equipment

The buses which will transport the teams from and to the airport will deliver the poles at the stadium.

The transfer time from the airport to the official hotels is 1h45m.

3.2 Arrival by Train

There will be no information desk at the main railway in Pombal. Teams arriving by train will be met by LOC representatives and taken to the team hotel, according to the arrival times given in the final entry system.

3.3 Arrival By Road

Teams arriving by road are kindly asked to go directly to their hotel, where representatives from the LOC will welcome them.



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3.4 Visa Requirements

Athletes requiring visas to enter Portugal should obtain them from the Portugal Embassy or Consulate in their Country. Visas should be obtained before leaving your country.

Should you have any problems, or require a letter of invitation please contact the LOC advisor

Daniela Ferreira
Tel: +351 244 833 799
Email: danielaferreira@juventudevidigalense.org

4. TRANSPORT

4.1 Transport Desk

The transport desk/office will be located at *the hotel* and will be open:

19 September	9h00 – 12h30 and 14h30 – 0h00
20 September	8h00 – 9h00, 12h30-13h30 and 18h30-20h30
21 September	9h00 – 12h30

4.2 Bus Shuttle Service

A regular bus shuttle service will be provided between the team hotels, training venues, social functions, the technical meeting and the competition venue. Full details of the schedule will be displayed at the Information desk in each hotel. Transfer times between the hotels and the competition venue will be approximately 5min, depending on the hotel location and traffic conditions.

4.3 Return to Airport / Train stations

Transport will be arranged according to the flight schedules submitted by the teams. Further information will be available in the hotel information desks.

5. ACCOMMODATION & HOTEL INFORMATION

5.1 General Information

The LOC has reserved 2 good quality hotels for teams, providing full board accommodation and easy accessibility to both the centre of *Leiria* and the competition venue.



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5.2 Information Desk

An information desk will be located in the lobby of each hotel, and it will be open:

19 September	9h00 – 12h30 and 14h30 – 0h00
20 September	8h00 – 9h00
21 September	9h00 – 12h30

5.3 Official Hotels

Team Hotels

Hotel Name	Address, Telephone & Fax, website	Team accommodated here
Hotel Eurosol Jardim	Rua D. José Alves Correia da Silva 2414-010 – Leiria Portugal Tel: +351 244 849 849 Fax +351 244 849 840 E-mail: leiria@eurosol.pt Website : www.eurosol.pt	Audentes Sports Club Bandon AC SK SOG Nitra LC Zürich EA and Federation Members
Casa de Retiros São José	Largo Padre Carvalho 2414-011 – Leiria Portugal Tel: +351 244 832 760 Fax: +351 244 821 102 Mail: seminário@leiria-fatima.pt Website www.leiria-fatima.pt/seminario	Pays Colmar Athlétisme Nike Klaipeda Prins Hendrik Sparta LG Nord Berlin Sport Lisboa e Benfica

5.4 Costs and European Athletics Quota

According to EAA Regulation 1510.6.1 the visiting clubs should pay a contribution of 400 € to the organizer (at the welcome desk, upon arrival) for accommodation expenses. This amount is to cover the accommodation for 2 nights for the maximum number of quota team members which is at the men's and women's competition each 26 persons including a maximum of 6 officials.



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The following rates must be paid for "out of quota" team members and for additional days:

Team Members	Single room	Twin room
Out of quota athletes / Officials	65 € per person/night	45 € per person/night
Additional nights	65 € per person/night	45 € per person/night

All prices include meals and VAT

Each team will be allocated a minimum number of single rooms equivalent to 10% of the total number of athletes and officials within the quota.

Extra Charges

The team leader must settle any extra charges (bar, laundry, telephone etc.) at the hotel reception desk, before departure.

All payments must be made in Euros (€), in cash or by credit card.

The teams which prefer to pay in advance may do it through bank transfer before travelling using the following data:

BENEFICIARY BANK: Millennium BCP

SWIFT CODE: BCOMPTPL

IBAN PT50 0033 0000 0618 0898 0012 3

5.5 Meals

The meals will be served at the Stadium Restaurant:

19 September	Lunch	Stadium Restaurant
	Dinner	Stadium Restaurant
20 September	Lunch	Stadium Restaurant
	Dinner	Stadium Restaurant
21 September	Lunch	Stadium Restaurant
	Dinner	Stadium Restaurant

The restaurant will be open from 12h00 to 14h00 and 19h00 to 21h00.
LOC will provide transportation.

Accreditation cards together with meal vouchers will allow access to meals.

For lunch and dinner, mineral water and soft drinks per person are available free of charge. All other drinks must be paid for.

A late serving provision will be made for those athletes detained at the stadium due to doping controls or protests.



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5.6 Meeting Rooms for Teams

Arrangements can be made for team meeting rooms through the information desk in the hotel. Requests shall be made at reasonable time in advance.

5.7 Telephone Calls

The telephone will be automatically activated to make room-to-room calls. Any athletes or delegation officials requiring the use of the room phone for outgoing calls must make arrangements with the information desk at the hotel. The telephone will be made available upon the presentation of a credit card to cover all charges.

6. ACCREDITATION

6.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

6.2 Accreditation Procedure

Accreditation cards will be prepared in advance of the event, based on the information provided by the Member Federation in the final entry system. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed *in the welcome office after all team payments are settled.*

6.3 Loss of Accreditation

Any lost or damaged accreditation cards should be reported to the TIC. Duplicate cards can be obtained when proof of identity can be established.

6.4 Access Areas for Teams and Coaching Zones

All team accreditation cards will allow access to the team seating area, warm up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and to the infield.

Separate cards will be issued to Team Leaders, for access to the TIC.



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Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person. Passes will be collected once they enter the Doping Control Station.

Appropriate seating in the Tribunes will be reserved for the Field Event Coaches. Access will be possible with the special pass to be distributed through the TIC once the Start Lists are published.

7. TECHNICAL INFORMATION

7.1 Technical Information Centre (TIC)

The main function of the centre is to ensure smooth communication between each Team Delegation, the LOC and Technical Delegates and the Competition Administration, regarding technical matters.

The TIC is located *in the stadium – cabin 8* (see appendix 3), and will be open at the following times:

<i>19th September</i>	<i>15h30 – 18h00</i>
<i>20th September</i>	<i>9h00 – 20h00</i>

The TIC will be linked to all information desks set up for this event and shall be responsible for the following:

- Acceptance of written questions to be answered during the Technical Meeting
- Competition information (Start Lists, Results, etc)
- Final and relay confirmation forms
- Registration and collection of personal implements
- Liaison points concerning technical matters between Team Delegate, Technical Delegate, European Athletics and LOC
- Urgent notices – collection and delivery of any urgent written notices to the Team Delegations from Technical Delegates, EAA and LOC
- Settlement of technical enquiries from delegations
- Recovery of confiscated items at the call room
- Applications for 'national records' (doping control request)
- Receipt of final declaration of members of relay teams
- Receipt of protests from the teams

Access to the information in the teams' pigeon boxes at the TIC will be controlled by separate entry cards, not by the accreditation card (see point 6.4.).

Teams that were not able to attend the Technical Meeting, under extreme circumstances, can collect their competition numbers from the TIC after the technical meeting.



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7.2 Technical Meeting

The Technical Meeting will be held on *19.09.2014* at 19:00, at *Hotel Eurosol Jardim*.

Each team may be represented by a maximum of two people and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

All questions related to the Technical Meeting must be presented in writing, preferably in English, to the TIC or teams hotels 'welcome desk, before *17h15*, on Friday *19th September*. The Technical Meeting will be conducted in English.

A shuttle service from the team hotels will be provided for this meeting – please refer to the information board in the hotel / athletes' village.

The Technical Meeting will be attended by:

- European Athletics Delegates
- Representatives of the Local Organising Committee
- Chief Technical Officials
- TIC Representatives
- Competition Director
- Competition Data Handling Representative

Start lists for the first competition day will be ready for collection at the TIC after the Technical Meeting.

7.2.1 Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome by the President of the Local Organising Committee
- Welcome by the European Athletics President or his representative
- Presentation of the International Officials
- Presentation of the Competition Officials
- Presentation of the competition and warm up sites
- Information briefing by the Technical Delegate
 - Call-room procedures and schedule
 - Allocation of lanes and order of competition
 - Starting height and bar raising Increments
 - Scoring and ties
- Doping Control
- Victory Ceremonies, Opening and Closing Ceremonies
- Answering of questions submitted in writing by federations

7.2.2 Welcome Dinner



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A welcome dinner will take place after the Technical Meeting, in a local restaurant. Team delegates (maximum 2 per team) are invited to attend, as well as the host institutions, national suppliers, media partners and the EA representatives.

7.3 Equipment

The implements provided by the LOC (see implement list, appendix 1) are selected from those appearing on the current IAAF approved equipment list.

Personal implements will also be allowed, providing that:

- They are readily identifiable and are IAAF certified
- They are not already on the official list
- They have been checked for compliance with IAAF Rules
- They are made available to all other athletes until the end of the event

Teams wishing to have personal implements added to the list must take the implements to the TIC, in the Stadium, for checking before 17:15 on Friday 19. If approved, the implements will be under the authority of the LOC from the time of checking to the end of the event. Personal implements will be returned only after the completion of each day's events.

Any team not able to attend the technical meeting due to late arrival must present their equipment for checking on arrival at their hotel.

Basic implements will be provided for warm up and training.

The poles will be kept in a locked store and will be brought to the competition site in due time by the organisers. After the competitions, the organisers will take the poles to the teams hotels and further transportation will be arranged by the organisers as required.

7.4 Inspection of Competition Venue

There will be no organised tour as the presentation regarding the competition and warm up areas will be given at the Technical Meeting.

7.5 Competition Area

Estádio Dr. Magalhães Pessoa - Leiria and its surroundings are shown in appendix 3 of this document. There are 23.164 of seats in the stadium.

The stadium has the following competition facilities:

- 8 lanes
- 1 High Jump site
- 1 Pole Vault site
- 4 site for Long/Triple Jump
- 2 Shot Put Circle
- 1 Combined Discus/Hammer Circle



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- 2 Javelin sites

The Warm up area – National Throwing Centre – has the following sites:

- 6 lanes – 60 meters
- 1 site for Long/Triple Jump
- 3 Shot Put Circles
- 2 Combined Discus/Hammer Circles
- 1 Javelin site
- 1 Weight lifting room

The maximum spike lengths in the various events are:

- Track, Long Jump, Triple Jump and Pole Vault: 9mm
- High Jump and Javelin: 12mm

7.6 Dressing Rooms

Dressing rooms with showers are located on Floor 0, under the main gallery.

7.7 Training

Athletes will have the possibility to train in the Estádio Municipal de Leiria on Friday, 19th September, from 15h30 to 18h00.

Throwing Events

Athletes will have the possibility to train, at the National Throwing Centre (500 meters from the stadium), on Friday, 19th September, from 15h30 to 18h00.

Equipment and implements necessary for training will be available at the training venues. Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venues.

The Weight Lifting room is available in the National Throwing Centre. Opening hours are the same as the training schedule.

Details about transportation for training sessions are included in the transport section of this manual. The transport schedule will be displayed at the information desks.

Equipment and implements necessary for training will be available at the training venue(s). Officials will be present to help in the case of problems or special requirements. Drinks will be available at the training venue(s). Accreditation must be handed in when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.



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8. COMPETITION REGULATIONS

8.1 Team Composition

There will be 19 men's events and 19 events for women. According to the European Athletics Regulation 1502.3.1 only clubs recognised by the Member Federation as National Champions of the preceding year are eligible in the ECCC Track & Field Juniors. If the Champion club is not able to take part then the Member Federation may nominate the second placed club and so on.

Only athletes aged from 16 to 19 years on 31 December of the year of the competition may compete.

The number of foreign athletes is strictly limited to two (2) for each club team in ECCC Track & Field Juniors. The Technical Delegate reserves the right to inspect resident cards or passports.

Member Federations must provide the list of eligible national and foreign athletes to European Athletics by 1 April of the year of the competition. No additional athletes will be allowed to compete.

An athlete may not be declared eligible to compete by two participating clubs. In the event that an athlete does appear on two lists of eligible athletes, then the clubs' respective federation may consult together (before the final entries) to agree for which club the athlete will compete in that competition. In the event there is no agreement between the involved federations, then the athlete will be excluded from that competition.

Each club team shall consist of one athlete in each event, except relays.

Each athlete can take part in a maximum of three events of which at least one must be a relay-race. The runners in 1500 m, 3000 m and 3000m steeplechase are only allowed to participate in one of these three events.

8.2 Competition Entry Procedures

8.2.1 Preliminary Entries

No later than 3 (three) months before the first day of the ECCC Track & Field Juniors, each member federation shall send to European Athletics (usually via the EA online entry system) a preliminary list of athletes, the numbers of accompanying officials, together with their travel details and full contact details.

Each member participation club will have to pay a registration fee of EUR 1000, to be paid at the latest by the date of the closing of the preliminary entries.



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8.2.2 Final Entries

Final entries shall be made through the European Athletics Event Management System which will be accessible at the following link: <https://arena.european-athletics.org/>. Member Federations' entries manager shall use their already known individual and personalised access.

Final entries indicating the names and individual logistical information (**detailed travel arrangements, accommodation request and rooming list**) of the competitors and of the officials must be received not later than 10 (ten) days before the first competition day. According to the regulations the deadlines for the final entries are:

According to the regulations the deadlines for final entries are:

- opening date of the online entry system: 27 August 2014, 24:00 CET
- deadline for the entries: 10 September 2014, 24:00 CET

8.2.3 Final Confirmation

Team Leaders or their representatives must confirm the names of those competitors already entered who will actually take part in the competition.

Forms for the final declaration and confirmation will be distributed to each delegation during accreditation. **The forms must be completed and returned immediately**. Final start lists will be ready for collection at the TIC after the Technical Meeting.

Maximum 2 athletes per team will be allowed to compete in 100m Extra races. Entries must be delivered during accreditation, together with Final confirmations.

The final relay team and the running order must be submitted to the TIC using the respective form not later than one hour before the published first call time of the event.

8.2.4 Withdrawals

Withdrawal of any confirmation must be indicated to the TIC at the Stadium in writing on the official withdrawal form.

8.3 Scoring

The winner of each individual event and each relay in each match shall score as many points as there are teams competing, the second will score one fewer, and so on. Athletes or relay teams disqualified or not finishing shall not score.



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If two or more athletes tie for a place in any event, the attributable points shall be divided equally between them.

The team having the highest aggregate number of points shall be the winner of the match, and so on.

If two or more club teams have the same aggregate number of points, the tie shall be decided in favour of the club team having the greater number of event winners. If the tie still remains it shall be decided in favour of the club team having the greater number of second places, and so on.

8.4 Bib Numbers

The LOC will provide the teams with bib numbers at the Technical Meeting.

For individual events, each competitor will receive 2 bibs. These must be pinned to the front and back of the competition clothing. Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing. Bibs must not be cut, folded or covered in any way.

8.5 Competition Clothing

Competitors must wear the Club's official team clothing. IAAF Rule 8 & 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations in force, available at http://www.iaaf.org/mm/Document/06/32/49/63249_PDF_English.pdf. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed or taped at the call room.

Participating clubs must provide European Athletics with a full set of their club team vests until the closing of the final entries and will have the obligation to wear them throughout the competition.

All competitors must wear registered vest of the same design and colour of the club they are representing.

8.6 Lane and Starting Order

The allocations of lanes and order of attempts in field events shall be decided by a draw conducted by the EA. Each participating club shall be allocated a letter which shall determine the allocation of lanes in accordance with the appropriate chart as Appendix 1.A of the European Athletics Regulations for the European Cup.

8.7 Starting Heights



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Initial heights and progression will be communicated to the teams at the Technical Meeting.

9. COMPETITION PROCEDURE

9.1 Timetable

Please refer to Appendix 2 for the competition timetable.

9.2 Warming Up Before Events

Warming up will take place in *the main stadium, in a restricted area.*

9.3 Call Room Procedures

The Call Room is located *in the Main Stadium.* It is the responsibility of the team managers to ensure that their athletes are aware of the last check-in times for entry to the call room. Athletes arriving late may be excluded from participation in the event.

All athletes must report to the Call Room before each event and will then be escorted to the competition site as follows:

	Call room open	call room close
Running events	30'	25'
Horizontal Jumps and Throwing Events	45'	40'
High Jump	50'	45'
Pole Vault	60'	55'

The following checks will be carried out on equipment that must comply with IAAF Advertising and Competition Rules:

- Competition clothing
- Shoes
- That non-authorized equipment (radio, i-pod, mobile phone, camera etc) are not brought infield.

A detailed Call Room timetable will be displayed and circulated to the teams.

9.4 Competition Preparations

9.4.1 Field Events



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Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. The athletes will be called to the practice trials in the competition order. Only official markers provided by the LOC will be allowed for marking the runways.

9.4.2 Trials in Field Events

In accordance with the decision of European Athletics Council, all participants in the field events (except high jump and pole vault will be allowed four (4) trials.

9.4.2.1 Measurements

Horizontal Jumps and Throwing Events will be measured by EDM (Electronic Distance Measurement) apparatus from Omega. High Jump and Pole Vault will be measured manually.

9.4.3 Track Events

Tracksuits shall be placed in baskets at the start, and these will be taken to the mixed zone for collection after the race.

9.5 Starter's Commands

The starter's commands will be given in English.

The starter's command for the distances up to and including 400m and 4x400m relay are: "On your marks" and "Set".

For distances of 800m and over, the commands will be: "On your marks"

9.6 Timing

The official timing will be provided by Omega and will be displayed on the official electronic timing instrument and photo finish cameras provided by Omega. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each straight.

9.7 Leaving the stadium during the competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

9.8 Leaving the stadium after the competition

After the competition, athletes leave immediately the infield through the mixed zone where media interviews will be carried out.



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9.9 Protests Appeals

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

The Jury's decision will be provided in writing.

9.10 Doping Control

9.10.1 General Information

Doping control shall be conducted in accordance with IAAF Rules and Procedures under the supervision of the European Athletics Doping Control Delegate. Both urine and blood samples may be collected immediately before, and during, the Cup.

Athletes selected for doping control shall be informed by anti doping officials. Athletes will be required to sign a confirmation of notification. Athletes who are to be tested may invite a team official to accompany them to the Doping Control Centre (DCC).

A selected athlete should report immediately to the DCC unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCC. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the event.

9.10.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Technical Delegate. In addition, the



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selection of further athletes may be ordered at the discretion of the European Athletics Technical Delegate.

All athletes setting World or European records must report to the DCC to provide a sample. Failure to provide a sample will result in the record not being ratified.

9.10.3 Additional Controls

Additional athletes, such as those achieving National Records who have not been selected for doping control, may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the DCC.

The cost of this control will have to be paid for on site by the requesting club to the LOC. All additional controls have a cost of 199,50€.

10. Medical Services

10.1 General

The medical service is in charge of any medical assistance to the team leaders, the competition organisation, the information personnel, the honorary guests as well as, during the competition, to the spectators in the stadium.

In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number 112.

The nearest available pharmacy near the stadium is "FARMÁCIA OLIVEIRA", located in Avenida 22 de Maio, 14 - 2415-396 Leiria.

The distance between the pharmacy and the stadium is about 500 metres.

10.2 Medical Services in the Hotel(s)

There will be a doctor exclusively available during all the competition time, and if needed should be called via telephone +351 915 960 983.

10.3 Medical Care at the stadium

The stadium medical service is responsible for any problems concerning the athletes' health. There is also a room for medical attention next to the finish line. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention. There are also well equipped physiotherapy facilities here. The stadium medical service is also responsible for first aid in the warming up area.

There are aid teams on the infield, supervised by a doctor and marked with red crosses.



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10.4 Insurance

The participating teams are responsible for taking out their own insurance to cover illness or injury to any member of their team when travelling to and from European Athletics competitions and during the event itself (European Athletics Regulation 610.12). Please take the necessary steps to fulfil these requirements well in advance.

11. Security

Instructions given by the LOC, the security personnel and the police must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC information desk.

The emergency phone numbers are:

- **Police** +351 244 859 859 / +351 961 042 174
- **Ambulance** 112
- **Fire department** +351 244 882 015 / +351 244 861 610
- **Stadium – Security Area** +351 244 843 003 / +351 244 843 032 / +351 96 989 26 80

If necessary, the police can be contacted through the LOC information desk at your hotel.

12. Ceremonies

12.1 Opening Ceremony

The Opening Ceremony will take place on Saturday 19 September 2014, commencing at 10:15. All members of the teams are invited to take part in the flags parade.

12.2 Victory Ceremonies

The victory ceremonies for the winning teams Men and Women will take place at the competition venue. Athletes must wear the official team clothing for the ceremonies.

12.3 Closing Party

All team members are invited to participate in the Closing Party that will take place in the stadium after the dinner.



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Everyone is welcome to attend.

13. Departure

Teams will be asked to provide full travel details in the final entry system. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel, at least 24 hours before departure, especially if there are any changes to the preliminary confirmed details.

Departure times of the shuttle buses from the hotel will be provided and displayed at the hotel Information Desk.

All outstanding fees, charges and possible other expenses must be settled with the cashier on the day of departure the Team.

14. Contact Details

For further details about the European Champion Clubs Cup Track and Field Juniors, Group B, Leiria 2014, please contact:

14.1 European Athletics Office

*Avenue Louis-Ruchonnet 18,
1003 Lausanne,
Switzerland
Tel: + 41 21 313 43 63
Fax: +41 21 313 53 51
competition@european-athletics.org*

14.2 LOC Office

*Juventude Vidigalense
Estádio Municipal de Leiria, Porta 2
Arrabalde d'Aquem
2400-137 Leiria
Tlf: 00351 244833799
geral@juventudevidigalense.org*

15. Appendices

Appendix 1 - Implement List

Shot Put Men

Nordic	Stainless Steel 105mm	Silver	5134600	I-12-0603
Nordic	Stainless Steel 105 mm	Silver	5134600	I-12-0603
Polanik	Turned steel, competition 115mm	Red	PK-6/115	I-02-0262
Polanik	Turned steel, competition 115mm	Purple	PK-6/115	I-02-0262

Discus Men

Nordic	Super Spin steel, Fiberglass sides	Blue/silver	6131185	I-12-0608
Nordic	Viking, stainless steel rim, fibreglass sides	Red	6130175	I-02-0288
Polanik	Competition, hard plywood, stainless rim, plywood sides	Wooden colour	HPD11-1,75	I-11-0496
Polanik	Competition, plastic 1kg, stainless rim	Blue	CPD11-2	I-11-0499

Hammer Men

Nordic	Stainless steel, dia: 105mm	Silver	5125600	I-12-0614
Nordic	Hammer silver 105mm	Silver	5128726	I-99-0032
Nordic	Stainless steel, dia: 105mm	Silver	5125600	I-12-0614
Polanik	Competition, steel, dia: 115mm	Orange	PM-6/UW-115	I-02-0265

Javelin Men

Nordic	Orbit Carbon blue cord 80m	White/blue spiral	7916808c	I-99-0190
Nordic	Champion Carbon lilac cord 90m	White/Lilac Spiral	7916800c	I-99-0189
Nordic	Nordic Classic 800 flex 8.4, steel, orange cord	Silver/orange	7969601	I-11-0545
Polanik	Competition Air Flyer, aluminium	Blue	AF10-800	I-11-0503

Shot Put Women

Nordic	Shot stainless steel 95mm	Silver	5134400	I-99-0028
Nordic	Shot stainless steel 100mm	Silver	5134401	I-12-0600
Nordic	Turned steel, dia: 108mm	Green	5133402	I-99-0025
Polanik	Competition, steel, dia: 100mm	Blue	PK-4/100	I-99-0150

Discus Women

Nordic	Super spin brass	Black/Gold	6131100	I-99-0031
Nordic	Super Spin steel, Fiberglass sides	Yellow/silver	6131110	I-12-0605
Nishi	Super HM steel rim FRP side	purple/black/white	F333A	I-02-0256
Polanik	Competition, plastic, stainless rim,	Blue	CPD11-1	I-11-0493

Hammer Women

Nordic	Stainless Steel 95mm	Silver	5127400	I-99-0010
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Bayerische (BSS)	Turned Steel, 95mm	Yellow	0925/0429	I-10-0488
Polanik	Brass, dia: 95mm	Gold	PM-4/95-M	I-00-0204
Polanik	Competition, steel, dia: 95mm	Orange	PM-4/95	I-99-0156

Javelin Women

Nordic	Diana Classic, steel, lilac cord, 70m	White/Lilac Spiral	7917603c	I-99-0191
Nordic	Olympia Carbon, carbon, green cord	White, green spiral	7917606c	I-10-0457
Nordic	Viking 600 flex 11.1, steel	Grey	7925600	I-04-0306
	Competition Air Flyer, aluminium	Blue	AF10-600	I-11-0500

Appendix 2 – Competition timetable

Call Room OPEN	Call Room CLOSE	Start	Event	Sex	Specification
		10:15	OPENING CEREMONY		
10:20	10:25	11:05	Hammer Throw	M	6,00 kg
10:20	10:25	11:10	High Jump	F	
10:45	10:50	11:15	400 m hurdles	F	0,762 m
10:35	10:40	11:20	Triple Jump	M	
10:25	10:30	11:25	Pole Vault	F	
11:00	11:05	11:30	400 m hurdles	M	0,914 m
11:15	11:20	11:45	800 m	F	
11:20	11:25	11:50	800 m	M	
11:25	11:30	11:55	100 m - EXTRA Race 1	F	
11:30	11:35	12:00	100 m - EXTRA Race 2	F	
11:35	11:40	12:05	100 m	F	
11:40	11:45	12:10	100 m - EXTRA Race 1	M	
11:25	11:30	12:10	Hammer Throw	F	4,00 kg
11:45	11:50	12:15	100 m - EXTRA Race 2	M	
11:50	11:55	12:20	100 m	M	
11:40	11:45	12:25	Long Jump	M	
12:00	12:05	12:30	400 m	F	
12:05	12:10	12:35	400 m	M	
11:55	12:00	12:40	Shot Put	M	6,000 Kg
12:15	12:20	12:45	100 m hurdles	F	0,838 m
12:25	12:30	12:55	110 m hurdles	M	0,991 m
14:25	14:30	15:10	Javelin Throw	M	800 gr
14:25	14:30	15:15	High Jump	M	
14:20	14:25	15:20	Pole Vault	M	
15:15	15:20	16:00	Discus Throw	F	1,000 kg
15:20	15:25	16:05	Long Jump	F	
16:00	16:05	16:30	1500 m	F	
16:10	16:15	16:40	1500 m	M	
16:20	16:25	16:50	200 m	F	
16:25	16:30	16:55	200 m	M	
16:15	16:20	17:00	Discus Throw	M	1,750 kg
16:35	16:40	17:05	3000 m	F	
16:25	16:30	17:10	Triple Jump	F	
16:30	16:35	17:15	Shot Put	F	4,00 Kg
16:50	16:55	17:20	3000 m	M	
17:05	17:10	17:35	3000 m Steeplechase	F	0,762 m
17:10	17:15	17:55	Javelin Throw	F	600 gr
17:30	17:35	18:00	3000 m Steeplechase	M	0,914 m
17:50	17:55	18:20	4x100 m	F	
18:00	18:05	18:30	4x100 m	M	
18:10	18:15	18:40	4x400 m	F	
18:20	18:25	18:50	4x400 m	M	
		19:15	CLOSING CEREMONY		

Appendix 3 - Map of Stadium, Competition Facilities, Dressing and Physiotherapy Rooms, Workrooms

